



Frederick Joseph "FJ" Zitzmann Jr.

JAN 2, 1946 - OCT 3, 2025



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Frederick Joseph "FJ" Zitzmann Jr.

JAN 2, 1946 - OCT 3, 2025

Frederick Joseph "FJ" Zitzmann, Jr. passed away on Friday, October 3, 2025, in Ponchatoula, Louisiana, at the age of 79. He was born and raised in New Orleans, Louisiana, and resided in Covington, Louisiana. He was the son of the late Frederick Joseph Zitzmann, Sr. and Edith Wichterich Zitzmann.

Fred was the beloved husband of the late Kathryn Sullivan Zitzmann and the loving father of Jennifer Z. Nuccio (Jason), Scott E. Zitzmann (Sue), Brian J. Zitzmann (Christine), and Jeffrey E. Zitzmann (Amy). He was the proud grandfather of Megan, Jonathan, Owen, Logan, Raine, Emilie, Liam, Alison, Ainsley, Andrew, and Madeline.

He is survived by his sister, Cynthia Zitzmann Garrett, and was preceded in death by his sister, Diane Zitzmann Ford.

Fred ran a small family business and his hobbies included recreational shooting and collecting firearms. He loved being involved in his children's and grandchildren's activities over the years, proudly supporting them through school and sports boosters. He especially enjoyed cooking for family and friends, always bringing people together around good food and laughter. Known for his sharp wit and dry humor, Fred had a gift for making everyone smile with his quick comebacks and constant jokes.

Relatives and friends of the family are invited to attend the Memorial Mass on Saturday, October 11, 2025 at E.J. Fielding Funeral Home, 2260 West 21st Avenue, Covington, Louisiana, at 11:00 a.m. Visitation will begin at 9:00 a.m. and continue until service time, with a Rosary at 10:45 a.m. prior to the Mass. Interment will follow in St. Joseph Abbey Cemetery, St. Benedict, Louisiana.



Obituary

Frederick Joseph "FJ" Zitzmann Jr.

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E.J. Fielding Funeral Home has been entrusted with funeral arrangements. Please sign the guestbook at <http://www.ejfieldingfh.com>



Events

Frederick Joseph "FJ" Zitzmann Jr.

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Visitation

Saturday, October 11, 2025

9:00 AM - 11:00 AM CT

E.J. Fielding Funeral Home & Cremation Services
2260 W 21st Ave, Covington LA 70433



Rosary

Saturday, October 11, 2025

10:45 AM CT

E.J. Fielding Funeral Home & Cremation Services
2260 W 21st Ave, Covington LA 70433

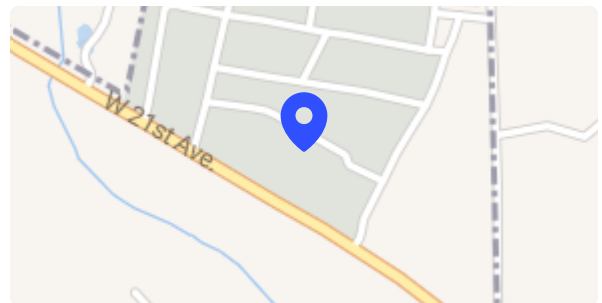


Memorial Mass

Saturday, October 11, 2025

11:00 AM CT

E.J. Fielding Funeral Home & Cremation Services
2260 W 21st Ave, Covington LA 70433



Interment

Saturday, October 11, 2025

St. Joseph Abbey Cemetery
75376 River Rd., Saint Benedict LA





Events

Frederick Joseph "FJ" Zitzmann Jr.

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Cemetery Details



St. Joseph Abbey Cemetery

75376 River Rd., Saint Benedict LA





Tribute Wall

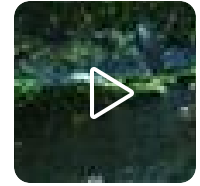
Frederick Joseph "FJ" Zitzmann Jr.

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E.J. Fielding Funeral Home & Cremation Services shared a **Tribute Video**.

October 8 at 12:19 PM



Kathleen Archer shared a photo to the **Tribute Wall** album.

The fun we had celebrating FJ's brother-in-law's birthday party. Kathleen Archer

October 10 at 6:16 PM



Tulane Enterprise Applications Team sent a Sentiments of Serenity Spray to the Zitzmann family.

October 10 at 3:18 PM



Tulane Enterprise Applications Team planted a Memorial Tree in honor of Frederick.

October 10 at 3:18 PM



The Mosel Family planted a Memorial Tree in honor of Frederick.

October 10 at 9:27 AM



Anonymous sent a Sentiments of Serenity Spray to the Zitzmann family.

October 10 at 9:27 AM





Tribute Wall

Frederick Joseph "FJ" Zitzmann Jr.

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CZ

Charles Zitzmann posted:

Thoughts and prayers are with you and your family. Charles and Jean Zitzmann

October 9 at 5:39 PM

LS

Love, Larry & Carol Sullivan sent a Magnificent Life Spray to the Zitzmann family.



October 8 at 4:50 PM

LS

Love, Larry & Carol Sullivan planted a Memorial Tree in honor of Frederick.



October 8 at 4:50 PM

TF

The Carrington Family planted a Memorial Tree in honor of Frederick.



October 8 at 10:04 AM

TF

The Carrington Family sent a Beautiful in Blue to the Zitzmann family.



October 8 at 10:04 AM

GC

Gil & Beth Chatagnier sent a Serene Retreat to the Zitzmann family.



October 7 at 10:40 PM



Tribute Wall

Frederick Joseph "FJ" Zitzmann Jr.

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Gil & Beth Chatagnier planted a Memorial Tree in honor of Frederick.

October 7 at 10:40 PM



Anonymous sent a Serene Retreat to the Zitzmann family.

October 7 at 10:33 PM



Rene And Millie Chatagnier sent a Medium Dish Garden to the Zitzmann family.

October 7 at 6:03 PM



Tulane University It Department sent a Divine Peace Bouquet to the Zitzmann family.

October 7 at 2:58 PM



Tulane University It Department planted a Memorial Tree in honor of Frederick.

October 7 at 2:58 PM





Media

Frederick Joseph "FJ" Zitzmann Jr.

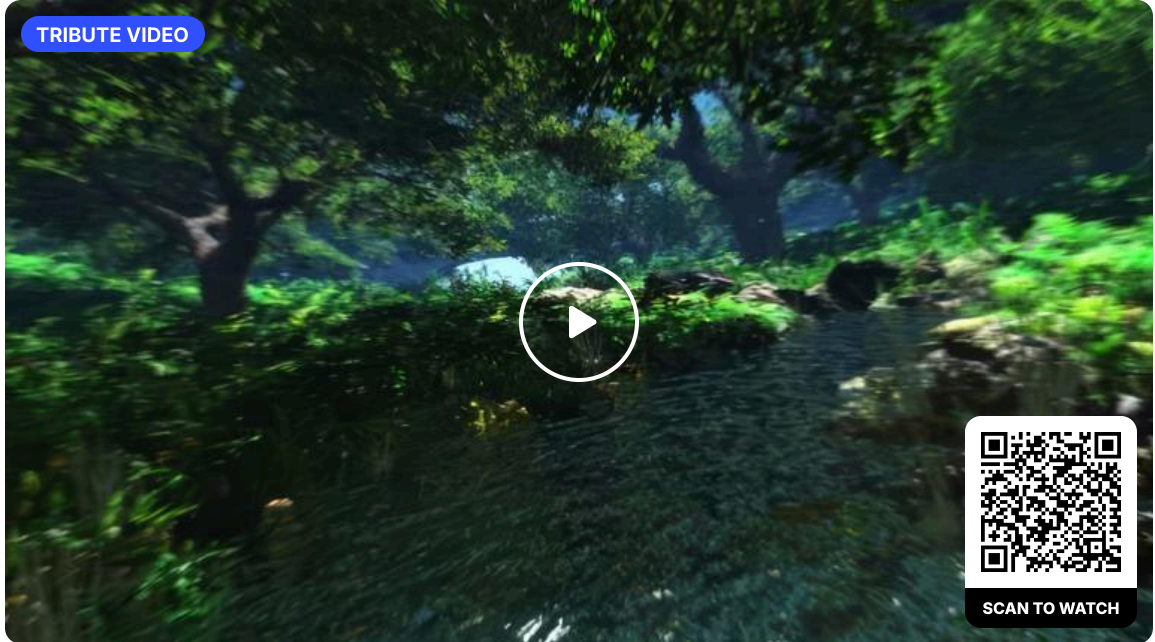
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October 8 at 12:19 PM

TRIBUTE VIDEO



SCAN TO WATCH



Media

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Kathleen Archer shared a photo to the **Tribute Wall** album.

October 10 at 6:16 PM





Memories only last if you share them

Join us in honoring Frederick by contributing to a collection of shared memories.



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